

BIRYANI DISHES

Stir fried and fresh herbs and spices steamed cooked in Basmati rice served with medium curry sauce

Chicken Biryani	£7.70
Meat Biryani	£8.50
Prawn Biryani	£7.70
Persian Chicken Biryani With pineapple and omelette	£7.90
King Prawn Biryani	£12.90
Chicken Tikka Biryani Marinated chicken with massala sauce	£8.50
Lamb Tikka Biryani Marinated lamb with massala sauce	£8.90
Himalaya Special Biryani A mixture of chicken, lamb & prawns with an omelette and a side vegetables and curry sauce	£9.40
Mixed Vegetable Biryani	£7.50
Chot Pot Biryani Marinated chicken, chopped and stir fried in scrambled egg & chick peas.	£8.90

VEGETARIAN SPECIALITIES

All our vegetarian dishes are prepared from the finest choice of fresh market vegetables

Mixed Vegetable Curry Spicy vegetables, in a medium curry sauce	£5.90
Vegetable Massala Spicy vegetables cooked in our own special massala sauce	£6.10
Vegetable Makhani Vegetables in rich creamy mild sauce with almonds	£6.10
Chana Dansak Chick peas in hot sweet and sour lentil sauce	£6.10
Vegetable Balti Spicy vegetables in rich mild sauce	£6.10
Malai Kofta Homemade vegetable balls with deep fried, served with fresh green peas, stir fried in a thick creamy sauce	£6.90
Katchori Dansak Sweet and sour lentil balls in a hot and sour lentil sauce	£6.50
Mottor Paneer Homemade cottage cheese with fresh green peas, stir fried in a thick sauce	£6.90
Saag Paneer Homemade cottage cheese with fresh green spinach in thick sauce	£6.90

TRADITIONAL NAAN BREADS

Plain Naan	£2.40
Chili Naan	£2.60
Vegetable Naan Stuffed with fresh vegetables	£2.60
Peshwari Naan with raisins, ground almonds and saltanas	£2.60
Keema Naan stuffed with spicy minced meat	£2.60
Garlic Naan stuffed with fresh garlic	£2.60
Cheese Naan Stuffed with cheese	£2.60
Chicken Tikka Naan	£2.90

Additional extras per dish 50p- i.e. extra mushrooms in your Biryani
Vegetarian option available

Please add 50p to all lamb dishes

VEGETARIAN SIDE DISHES

Mixed Vegetable Bhajee Spicy vegetables, stir fried	£2.90
Mushroom Bhajee Diced mushrooms stir fried	£2.90
Bhindi Bhajee Fresh okra, stir fried	£2.90
Bombay Aloo Spicy potatoes	£2.90
Aloo Gobi Potato and cauliflower	£2.90
Cauliflower Bhajee Cauliflower with onions and spices	£2.90
Chana Bhajee Chick peas, stir fried	£2.90
Saag Aloo Fresh green spinach and potatoes	£2.90
Tarka Daal Fresh lentil and garlic sauce	£2.90
Aubergine Bhajee Fresh aubergines, stir fried	£2.90

SUNDRIES

Boiled Basmati Rice	£2.40
Pilau Rice Saffron flavoured basmati rice	£2.60
Special Fried Rice Basmati rice with egg, peas and onions	£2.80
Mushroom Fried Rice Basmati rice with mushrooms	£2.80
Keema Fried Rice Basmati rice with minced lamb	£2.90
Chips	£2.50
Paratha Thick wholemeal bread cooked in butter ghee	£2.60
Stuffed Paratha Stuffed with spicy vegetables	£2.80
Chapati Thin wholemeal bread	£1.60
Tandoori Roti Wholemeal bread cooked in a clay oven	£2.60
Fried Mushrooms	£1.70
Poppadoms	£0.80
Chutney and Pickles (each)	£0.70
Raitha	£1.00

Murghi Massala

2 Course Meal

A traditional Indian dish, prepared authentically with spiced chicken marinated, spiced and barbequed on a skewer in a charcoal clay oven. Seasoned with Spicy Minced meat. Sauteed in ghee with onions and peppers. Garnished with tomatoes, egg, almonds and Salad.
Served with Pilau Rice, Naan bread and Spicy poppadoms.

For 2 persons- £27.00

For 4 persons- £53.00

Please add 50p to all lamb dishes



HIMALAYA

Restaurant & Takeaway

**30% DISCOUNT
ON TAKEAWAY ONLY**
(Excludes set meals & special offers,
minimum order over £20.00)
No discount on King prawn or fish dishes

Opening Time

Sun-Thurs: 5:30PM-12:00PM

Fri & Sat: 5:30PM - 01:00AM

029 2049 1722

HIMALAYA SPECIAL

Starter: Marinated Tandoori Chicken (on the bone) and spicy popadoms
Mains: Chicken Special Bhuna and Prawn Special Bhuna
Sides: Aloo Gobi, Rice, Naan.
For 2 persons - £27.00 **For 4 persons - £53.00**

Cooked to our Chef's
our style and recipe

CHEFS SPECIAL

Starter: Onion Bhajees
Mains: Lamb Rogan, Vegetable Curry, Marinated Tandoori Chicken,
Served with salad and Mint Sauce
Sides: Pilau Rice, Naan
For 2 persons - £27.00 **For 4 persons - £53.00**

24 Wellfield Road, Roath, Cardiff, CF24 3PB
www.himalayarestaurantcardiff.co.uk

STARTERS

Jinga Puree	Spicy King Prawns served in a fried bread	£4.80
Prawn Puree	Spicy prawns served in a fried bread	£3.50
Shami Kebab	Spicy minced lamb, wrapped in an omelette	£3.60
Sheek Kebab	Spicy minced lamb, marinated, barbequed, cooked in a charcoal oven	£3.50
Chicken Tikka	Marinated chicken, barbequed, cooked in a charcoal clay oven	£3.20
Lamb Tikka	Marinated Lamb, barbequed, cooked in a charcoal clay oven	£3.50
Mixed Kebab	Cocktail of chicken tikka, lamb tikka and sheek kebab	£4.20
Keema Samosa	Minced lamb in a crispy pastry	£2.90
Chicken Chat	Chicken tikka, diced and fried in thick spicy tangy sauce	£3.20
King Prawn Butterfly	King prawn in spicy batter	£4.50

VEGETARIAN STARTERS

Onion Bhajee	Finely chopped onions in spicy batter	£2.90
Shimla Mirch	Spiced Vegetables stuffed in a capsicum and then baked in the tandoori oven	£3.50
Vegetable Samosa	Mixed vegetables in crispy batter	£2.90
Aloo Chat	Potatoes in a spicy tangy sauce	£2.90
Garlic Mushrooms	Chopped mushrooms fried with fresh garlic	£2.90

CHEFS RECOMMENDATION

Cooked with fresh herbs and spiced and used in our Chef's own recipe

Shahi Makhani	Chicken or lamb, mild and spicy thickened with ground almonds and butter, enriched with almonds flakes and sultanas & coriander.	£7.60
Butter Chicken	Cooked with butter and spices and fresh cream	£7.60
Lamb or Chicken Pasanda	Cooked with mixed spices, ground nuts in a thick cream sauce	£7.60
Chicken or Lamb Jalfrezi	Hot, with onions, peppers and chillies	£7.60
Chicken or Lamb Tikka Bhuna	Marinated lamb, stir fried with chopped onions and Peppers with thick medium sauce	£7.60
Shashlick Karai	Chicken or lamb, marinated cooked with whole chunky onions and peppers enriched in a chef's special sauce	£7.90
Chicken Podina	Marinated Chicken cooked in a fashion of spices and in a thick sauce and fresh mint	£7.60

Please add 50p to all lamb dishes

CHEF'S SPECIALITIES

Sizzling Chicken Nawabi	Cooked with fresh chicken breast fillets, spicy mince lamb with onions, peppers and tomatoes	£7.60
Sizzling Chicken or Lamb Achar	Cooked with mixed pickles and fresh spices, tangy	£7.60
Sizzling Monipuri	Chicken, lamb, prawn or vegetables, slightly hot cooked with onions, green peppers and fresh green chillies.	£7.60
Sizzling Shatkora	Chicken, lamb, prawn or vegetables, cooked with traditional Bangladeshi citrus fruits to give a tangy flavour enriched in a unique sauce.	£7.60
Sizzling Lamb Ada	Cooked with lamb fillets, fresh ginger, yoghurt, coriander in a thick medium sauce	£8.20
Sizzling Jontor Montor	Marinated chicken cooked with shallots in a slightly hot and spicy sauce	£7.60
Bangla Nawabi Special	Fresh chicken cooked in fresh spinach, garlic, ginger and green chillies in a thick sauce, served in an Iron dish	£7.60
Naga Chicken or Lamb	Onions, tomatoes, green peppers, Hot and Spicy Dish to tantalise your taste	£7.60
Tilapia Fish	Bengladeshi authentic fish curry, garnished with chopped coriander leaves and green chilli.	£8.50

ORIGINAL BALTI CUISINE

Unique style of cooking in a cast iron pot to create that enhanced flavour, individually prepared with fresh herbs

Chicken or Lamb Balti	Tender pieces of lamb or chicken in rich bald sauce	£6.90
Chicken or Lamb Saag Balti	with fresh spinach	£7.60
Chicken or Lamb Mushroom Balti	Tender pieces of chicken or lamb in rich baiti sauce	£7.60
Chicken or Lamb Chilli Balti	with fresh green chinks (hot)	£7.60
Prawn Balti	Fresh sea prawns in a balti sauce	£7.60
King Prawn Balti	Fresh sea king prawns in a balti Sauce	£11.90
Balti Lahore	A special mixture of succulent chicken, meat and prawns fused with spixtach in rich balti sauce	£8.20

MASSALA DISHES

Prepared in our unique recipe that has been perfected over 30 years

Tandoori Chicken Massala	Tandoori Chicken on the bone marinated and cooked in our special massala sauce	£7.70
Chicken Tikka Massala	Chicken tikka off the bone marinated and cooked in our special massala sauce	£7.30
Lamb Tikka Massala	Lamb tikka off the bone marinated and cooked in our special massala sauce	£7.90
Tandoori King Prawn Massala	Tender pieces of king prawns cooked in our special massala sauces	£12.90

Please add 50p to all lamb dishes

CLASSIC TRADITIONAL INDIAN CUISINE

These dishes are prepared with the finest quality choice of chicken or lamb or prawn, individually selected with a combination of different spices & herbs. Please choose from a choice of chicken, meat or prawn

Chicken or Lamb Kurma	Mild with coconut	£6.25
Chicken or Lamb Medium Curry	With medium spices	£6.10
Chicken or Lamb Rogan	With dried tomatoes & medium spices	£6.25
Chicken or Lamb Madras	Fairly hot and sour	£6.20
Chicken or Lamb Vindaloo	Very hot	£6.30
Chicken or Lamb Dhansak	Sweet and sour with lentils	£6.30
Chicken or Lamb Methi	A succulent authentic curry with fenugreek leaves	£6.30
Chicken or Lamb Bhuna	Onion, tomatoes, peppers in a medium thick sauce	£6.30
Chicken or Lamb Dupiaza	With onions and green peppers, thick sauce	£6.30
Chicken or Lamb Pathia	Hot, sweet and sour in a thick sauce with onions	£6.30
King Prawn Choices	as above	£11.90
Prawn Choices	as above	£6.60

FROM THE TANDOORI

All our tandoori dishes are spiced, marinated and barbecued on a skewer and cooked in a charcoal clay oven. Served dry with fresh green salad and mint sauce.

Tandoori Fish	— Rainbow Trout	£8.90
	Cooked with thick onion and green peppers	
Tandoori Fish Tikka	Fresh fish from Bangladesh	£8.50
Chicken or Lamb Shashlick	Cooked with thick onions, green peppers and spices	£7.90
Whole Tandoori Chicken	Served on the bone, marinated and roasted in a clay oven	£13.50
Half Tandoori Chicken	Served on bone, marinated and roasted in a clay oven	£7.50
Chicken Tikka	Succulent pieces of chicken, marinated and cooked in our clay oven	£7.40
Lamb Tikka	Succulent pieces of lamb, marinated and cooked in our clay oven	£7.90
Tandoori Mixed Grill	Chicken tikka, lamb tikka, sheek kebab, tandoori chicken & nan	£9.95
Tandoori King Prawn	King prawns marinated and cooked in our clay oven	£13.50
Vegetable Shashlick	Selection of fresh vegetables cooked with thick onions, tomatoes, green peppers and paneer.	£7.50

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